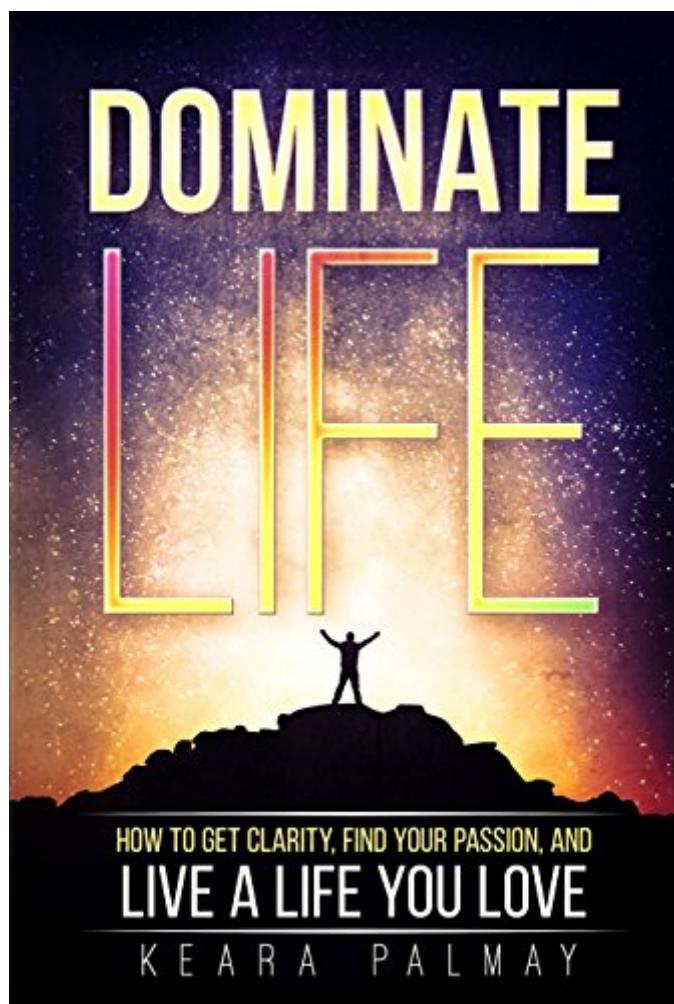


The book was found

Dominate Life: How To Get Clarity, Find Your Passion, And Live A Life You Love



Synopsis

Are you afraid the clock is ticking but your life is standing still? How would you feel if you were stuck for another year? ... Another five? Oh, hell no! Fortunately for you, this can change right now; the key to opportunity is in your hands! Dominate Life is the ultimate guide to maximize your potential. It will give you a swift kick in the backside to finally start living the awesome life you were meant to live (and to enjoy every step along the way)! Dominate Life will show you how to:-Create a crystal clear vision of what you want.-Overcome the limiting beliefs that prevent you from getting it.-Fully own your awesomeness.-Program your mind to work for you (rather than against you).-Live a passionate, purpose-driven life.-Create a step-by-step blueprint to transform your dreams into a reality! Imagine how incredible it would feel if you woke up knowing that each day of your life makes a massive difference. News flash: it does!... So what are you waiting for? Join Keara Palmay as she guides you through a step-by-step process to get clarity, find your passion, and live a life you love!

Book Information

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Customer Reviews

So much wow packed into one book. From the cover to the forward to the last page, this book is awesome. I even had to take notes because of the realizations I had. I'm going to re-read it and make sure it all sinks in. Tons of great insight. Favorite.

Literally in one day And 2 chapters I changed. I couldn't believe it. After realizing that the stories I create for myself dictate how I live I took responsibility and started waking up earlier. I love how this book includes a free interactive workbook that if you use will give you so much and more. Keara is also my coach and has helped me through things using much of what she goes through in this book but having it all written down allows me to revisit it as often as I want and also allows her to tell me as much as she wants with none of my interruption ;) I've already sent this as a gift to two people I love ! I love that it is a shorter length book with interaction and SO much honesty and comedy as well because Keara is refreshingly honest and open with herself. If you are looking to do anything like what the title of this book offers Keara really brings it ! Can't wait for more from her :)

The author is a great motivator, and her writing/coaching style definitely reached me personally. She really helps you get your priorities straight, in order to accomplish what you want in your own life. This is a must buy!

This was an amazing read. I am obsessed with personal development, have been to many Tony Robbin's live events, and listen to others like Les Brown, Greg Plitt, Eric Thomas, Jim Rohn, almost every day. I could add Keara Palmay right up there with my list of top motivators. She speaks from her heart and shows you a step by step process to uncover your own personal calling in life, and how to put together an action plan to move your life in that direction. I absolutely LOVED this read. It is a powerful book that I know I will be referencing for years to come.

This book sounds exactly like I'm having a conversation with the Coach Keara I know personally! I love the pieces from her own personal story and the quick activities seeded throughout, which not only makes this book a great read, but also something you can use to actually dominate your life. You go girl!

WOW...All I can say is wow. The author really hit it home with an incredible book about how to truly get the most out of life. This is a MUST READ for anyone looking to improve the quality of their life in any area.

I hate reading, but I could not put this bundle of knowledge and motivation down until I reached the end. Well written, great points, and so helpful! Thank you for contributing to making humanity great!! I will look out for more publications by you Ms. Palmay. Great work you dominated this book!

Keara palmay is an enlightened and divinely guided young author...and I look forward to the many future books she will write...she is filled with the grace and light of inspiration and motivation.. For a young woman she walks with great wisdom and courage..having survived cancer years ago and overcoming the fears, trials and tribulations she has risen above what most of will never endure. She is an amazing young woman and blesses everyone lucky enough to come into her light ..she continues to surprise us with her insight and passion about rising above illness , and maintaining her optimism , strength and power... keara, having endured the sudden and shocking death of her father last year continues to amaze us, enlighten us and teach us about the meaning of life.. I look forward to more of her work in the future!!!

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